

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Face to Face Health and Counseling Service, Inc.

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Goal: To support, encourage, and assist young women to complete their pregnancy, have healthy birth outcomes, appropriately care for their newborns, and increase their stability and self-sufficiency as parents.

For the period: April 1 – June 30, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide ongoing supervision and guidance of grant staff; ensure reporting and evaluation activities are completed		Prenatal case managers, nursing staff, and nurse practitioners meet on a weekly basis to discuss continuity of care, centering pregnancy, and best practices for prenatal clients. Case consultations occur for clients as needed. Grant budget meetings occur monthly.	
Outreach	Prepare and distribute wallet-sized cards describing Connect program		Women who have positive pregnancy tests at Face to Face are given information about prenatal care and Connect prenatal case management program. Connect cards are also distributed in the community through our Health Education Department at outreach events. One of our Connect case managers spends 4 hours a week at SafeZone (drop in center for homeless youth), providing pregnancy testing, outreach and education to young women, and connecting those needing prenatal care, and/or case management, to services at Face to Face.	

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Case Management Services	Provide case management support to prenatal clients; provide home visits for clients who have missed prenatal care visits	300	Our case management visits continue to exceed our quarterly goal. Included in this goal, we have made an increased effort to complete home visits with clients in their first two weeks postpartum.	348 Visits
Provide Necessary Services Assessments to all clients	Provide intake assessment to determine need. (New Clients)	45	This quarter we saw a decrease in the number of positive pregnancy tests in our clinic, and therefore less OB History (intake) appointments scheduled as well.	31 Clients
Financial Assistance	Provide assistance in completing applications for financial assistance;	120	This quarter due to the slight decrease in new clients entering care, we also saw a decrease in the number of times that we assisted clients in applying for financial assistance. We often assist new pregnant clients in applying for insurance and other financial assistance at their initial intake appointment.	106 Times
Mental Health	Provide pre-natal and post-partum depression screening; provide referrals to non-PA funded Mental Health providers as needed	70	Goal: 60 Depression Screenings, 10 Referrals Actual: 62 Depression Screenings, 11 Referrals In our effort to continue providing our prenatal clients easy access to mental health through our warm referral process, we have seen our referrals continue to increase. New clients can access mental health intakes every Tuesday during our all-day walk-in hours.	73 Times
Nutrition	Provide information on proper nutrition; provide referrals and follow-up; provide food bags, baby formula, and food gift cards as needed	45 – information 25 – food bags, etc.	28 Food bags were given this quarter, per our projected goal. We are under goal for providing nutrition education due to our decrease in OB Histories this quarter.	52 Clients
Parenting Education	Provide two parenting events per year including education on parenting-related topics	100/ year	This quarter we hosted 6 clients, 4 support people and 5 kids for our Summer Parent Event. (see more in Comments)	6 Qtr/ 34 Yr

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Pregnancy Education	Provide pregnancy education within Centering Pregnancy® and prenatal education classes	60 Centering Visits 5 - additional	3 groups, 21 clients, 55 visits We are still pleased to see our numbers continue to get closer to meeting, and last quarter exceeding, our projected goals. We currently have three active Centering groups.	55 Visits
Pregnancy Testing	Provide pregnancy testing 2 hours per week at SafeZone location	12	1 clients this quarter met with a Case Manager at Safezone and received pregnancy testing. (see more in Challenges section)	1 Clients
Prenatal Medical Care	Provide prenatal care visits in Centering Pregnancy (60 per quarter) integrating medical care with pregnancy education and support; provide individual prenatal care visits (240 per quarter)	60 – Centering Pregnancy 240 – individual prenatal visits	234 Visits with 79 Clients Since seeing a decline in OB Histories for the quarter, this number also reflects the absence of First OB medical appointments, and subsequent visits. Therefore we are under goal for the quarter.	234 Visits
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	1	Two clients this quarter received necessary-services intake only, before transferring care to alternate providers.	2
Transportation	Provide taxi rides or bus fare for clients to get to appointments.	60	Bus Tokens: 33 Cab Fare: 14 We assist and encourage clients to utilize their transportation assistance through their health insurance. This quarter, due to budgetary restraints, we were not able to assist as many clients in transportation by cab.	44 Times

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	n/a
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	n/a
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	26
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	26
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	n/a
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	26

Challenges: This quarter, through other funding sources, SafeZone has increased their clinic staffing to have a Nurse Practitioner available daily. This has positively affected the youth by increasing access to medical care while at the drop-in center, but has changed our current goal of providing pregnancy testing to clients. We will be eliminating this goal beginning next quarter, while continuing to have a Case Manager spend regular hours at SafeZone to provide necessary services intakes, and ongoing case management, to pregnant clients utilizing the drop-in center.

Comments: This quarter we hosted our Summer Parent Event. Our family picnic and festivities were moved indoors due to rain, and may have affected our attendance. This event included lunch, interactive activities for both parents and children, prizes, and resources for families. These resources included a list of free or reduced-cost family activities in our community. The Parent Event was advertised through mailings and posted throughout Face to Face and SafeZone. Even with lower attendance, families enjoyed this PA-sponsored event.